

the click presents

# my guide to feeling it all

an informal showing

**Human Movement Lab**  
**98 Business Street, Unit 1B**  
**Boston MA**

December 1, 2024 | 6pm

tickets + more information:

[theclickboston.com](http://theclickboston.com)



  
HUMAN  
MOVEMENT  
LAB



Equity and Inclusion  
Cultural Affairs

Photo: Nicole Marie Photography

"The Click, while young as a collaborative, possesses a spunk and verve that bring a fresh perspective to both audiences and their peers in the dance community. The Click's core collaborators- varied and unique individuals - break conventional roles of hierarchy in the making of performance works. Fresh and forthright in their performances, as an audience we learn how to exhale, and let their dynamic vibrancy take over. The Click's experiments with collegial creation make fresh and exciting work for us to devour."

-Peter DiMuro, Executive Artistic Director, The Dance Complex

Spearheaded in 2021, The Click is an experiment in organization, connection, and collaboration among a group of like-minded creative spirits living, making, teaching, and studying in the Greater Boston area. We are a group of dancers whose primary medium of physical expression is through contemporary forms but who dabble and play in many modes of creativity. Whether we spend our time sliding along the marley of a dance studio, weaving fibers, painting, or writing poetry, we are each deeply invested in answering the universally complex question that might play across your mind as well: who am I and what am I doing here?

The Click contributes to the consistent presence of creativity in Boston and beyond by: educating pre-professional youth dancers, professional adult dancers, and the dance-curious of any age; performing original creations several times a year at a variety of venues, both traditional and non-traditional across Massachusetts, New England, and beyond; and investing in the curiosity of those new to dance and/or new to the Boston area by maintaining an open, inclusive, and accessible community of individuals eager and enthusiastic to share resources, feedback, tips and tricks, or a simple hello.

Since its inception, The Click has maintained multiple weekly drop-in classes for a variety of levels, in addition to special workshops and events geared toward community engagement in relation to our professional projects. The Click has held residencies at The Foundry through the Anchor Partner program and at The Dance Complex through the BLOOM Residency program, and has partnered with private youth studios, Boston-area elementary schools and senior centers, and more to bring our unique education programs to a variety of populations and ages. The Click has been awarded grants and other recognition from the Massachusetts Cultural Council, The Boston Foundation, the New England Foundation for the Arts, the Cambridge Community Foundation, and a number of local cultural councils in the Boston area.

**The Click Presents:**  
**An Informal Showing of Angelina Benitez's**  
***my guide to feeling it all***  
**Human Movement Lab, 98 Business Street, Hyde Park**

*my guide to feeling it all* runs approximately 30 minutes, with no intermission. Please stay for a brief talkback with the cast immediately following the show.

**A Note from the Maker:**

Amidst many creative projects, family, applying for grants, running multiple rehearsals, friendships, constantly administrating, etc... *my guide to feeling it all* is my chance to embrace the chaos and fold into rest. We've done the work - the research, composition, and movement generation. Now we get to sink into the meditations and memories we invoke as we perform this piece.

There is always something very vulnerable for me about presenting this work to audiences. Though it is collaborative at its core, this is my vision, my brainchild, my choreography. It is a personal processing two chaotic years of my life filled with enough drama for a telenovela or two. There is something truly scary about owning up to something, especially as an "emerging artist". I no longer have the title of "student" to hide behind or another person to deflect to. So please, slide into my DMs or let's chat over coffee. I am so curious to hear how my deeply personal work resonates in your mind: let's click.



**my guide to feeling it all**

Direction: Angelina Benitez

Collaboration and Performance: Angelina Benitez, Katrina Conte, Alexandria Nunweiler

Music: Adam Matthew

Technical Assistance: Kimberleigh Holman

Additional Support: Kristin Wagner

*We spend time trying to escape, control, or intellectualize our emotions. What if instead, we invited them in? In an effort to feel it all, we'll embody the seemingly contradictory. Join us in exploring the intersection of love and grief, pain and pleasure, peace and anger...*

**Please stay for a talkback with the cast, facilitated by Kristin Wagner!**

Special Thanks To: Kim Holman/Human Movement Lab, Sarah Slifer Swift/MAGMA, The Dance Complex, The Foundry, the Mayor's Office of Cultural Affairs, and the heartbreakers that made this work possible.

## #CLICKWITHUS

### Ongoing Classes

CLASSES WITH THE CLICK | Tuesdays 10-11:30am @ The Dance Complex  
Now through December 10

YOGA FOR PEOPLE WHO MOVE | Thursdays 11am-noon @ The Foundry  
Now through December 12

COMMUNITY CONTEMPORARY | Thursdays 6:30-8pm @ The Dance Complex  
Now through December 12

With classes resuming January 2024, **including a REPERTORY opportunity with Angie!** Stay tuned for more information coming soon via our website, newsletter, and Instagram.

### Upcoming Performances

*Moving Through March*

Presented in Collaboration with développ : The Foundry, March 1-2, 2025

**Learn about these events and more!**

@the.click.boston [www.theclickboston.com](http://www.theclickboston.com)

Join our mailing list! It is fun and not at all annoying.

## #LETSCCLICKNOTCLIQUE

### THE CLICK

**Angelina Benitez** (Leo ☉, Taurus ↑, Scorpio ♃) prides herself in having too many skills for her own good. Aside from being a generous and stunning modern dancer, she is also a surprisingly modest fiber artist, passionate cook, wannabee influencer, and amateur tarot reader. To survive in this capitalist society, she mainly teaches dance, administrates, makes dance, and sells her visual art on the side. When she isn't working, you can find her dying her hair a new color or being gay.

## THE CLICK

**Katrina Conte** comes into any space with raging waves of sunshine. She moved to Boston 3 years ago and still isn't used to the uneven sidewalks, crowded/inconstant trains and unpredictable weather. When Katrina is not dancing, your best bet is to look for her in nature. She loves to ditch the city and go hiking, kayaking or hammocking. If she's not outside, you can bet she is playing with her fur babies Sunny and Forest while baking some new recipe she found on Pinterest.

Playing up her southern accent to get out of parking tickets,

**Alexandria/Alex/Allie Nunweiler** moved to Boston to escape the heat of South Carolina and, of course, the conservatives. She is a dance maker, educator, and performer with the philosophy of "life is practice," which she tends to cite as she makes a mistake. Overall, Alexandria's sailor mouth is what gets her in trouble more often than not along with her inability to sit still.

**Kristin Wagner** attempts to strike down her basic bltch tendencies by accumulating tattoos and queer-adjacent clothing. This Connecticut-born Girl Next Door™ is sweet as apple pie until she's not. She much prefers the company of children to adults, which is why she decided to have one: Nico Guglietti joined The Click in December 2023! In addition to dancing and procreating, Kristin likes impromptu Taylor Swift dance parties with her toddler niece and nephew, and solo cry sessions in the car and shower.

## GUEST ARTISTS

**Adam Matthew** is a guitarist and songwriter local to the North Shore. He's been playing and performing for over 20 years. He has studied music at the New School in New York and with artists including David Schumacher and Joel Yennior. A resident of Newburyport for many years, Adam has played at many local favorites such as the Grog, The Barking Dog, The Sunset Club, Plum Island Grille, and the Grove at the Briar Bar Inn.

**To read our full bios, please visit our website  
[www.theclickboston.com](http://www.theclickboston.com).**

## SUSTAINABILITY

The Click's 2024-25 season has been supported through finances and resources provided by: The Dance Complex; The Foundry; the Massachusetts Cultural Council; the New England Foundation for the Arts' New England Dance Fund, administered with generous support from the Aliad Fund at The Boston Foundation; the local cultural councils of Medford and Malden; the Cambridge Community Foundation; and individual donors like you. This performance and the related workshop series **FEEL.SHOW.TELL.** at Human Movement Lab have been made possible through the Community Mini Grant program administered by Boston's Mayor's Office of Cultural Affairs.

If you feel moved by this performance, our mission, or the beauty and spirit of any of our dancers, please consider making a tax deductible donation to support our efforts at any time.



The Click operates under the fiscal umbrella of "Bodies Moving," a fiscally-sponsored project of the Boston Dance Alliance, a 501(c)3 non-profit organization. To learn more about how you might champion The Click and the dance ecology in the Greater Boston area, contact Kristin Wagner at [kristincooperwagner@gmail.com](mailto:kristincooperwagner@gmail.com).